

## **Cork Schoolboys League Small Sided Games Rules for Season 2011/12**

### **Age Groups**

U.7, U8 & U9 will be 7 a side non competitive leagues.

U.10 will be 9 a side non competitive leagues.

### **Panel Sizes**

7 a side – 10 players (max)

9 a side – 13 players (max)

Managers must not have more than the above numbers per panel for any one game.

### **Playing Season**

Games will commence on the weekend of Mar 31/Apr 1 and will continue until end of May. (This will mean some midweek night games).

### **Length of Games and Substitutions - U.7, U.8 and U.9**

3 x 15 minute periods

After 15 minutes - 5 minute break for substitutions (all 3 subs go on).

After 30 minutes – 5 minutes break for substitutions (all 3 subs go on and the 3 players who were not taken off after 15 minutes must come off).

(Each outfield player will then have played 30 of the 45 minutes).

### **Length of Games and Substitutions – U.10**

3 x 15 minute periods

After 15 minutes - 5 minute break for substitutions (all 4 subs go on).

After 30 minutes – 5 minutes break for substitutions (all 4 subs go on and the 4 players who were not taken off after 15 minutes must come off).

(Each outfield player will then have played 30 of the 45 minutes).

### **Referees**

As last season, the home team will supply the referees for all games. Referees must be at least 16 years of age. We would ask all clubs to have a serious look at people in their clubs who may be interested in taking up refereeing. This would be an excellent place to start and interested parties could then move onto introductory refereeing courses organised by the Referees Society. There is always a shortage of referees and new ones are always welcome, so these small sided games might be the ideal means of attracting prospective new referees to the game. **It is very important that the referee you appoint is honest and fair to both teams. Clubs must put serious thought into the people they appoint as referees. Referees are not to coach the players while refereeing.**

### **Results**

While all our leagues are non competitive, all home teams will have to send in the match results each weekend. No results will be published or made available to anyone in any way, but the league will keep a record of all the results so that in the following season we will have concrete means of allocating teams to different leagues. **The home club Hon. Secretary will be held responsible for furnishing results to the league. The Hon. Secretary may text or leave a voice message on the Cork Schoolboys League result line (086) 4022626 and ALL results must be in no later than 10.00pm on the Sunday night of each weekend.**

### **Equipment Needed by Each Club**

Goals 6 Feet high, 16 feet wide, must have nets on goals. Goals must be fastened to the ground.

Balls – size 3 for U.7, size 4 for U.8, U.9 and U.10

Referee with whistle!

Flat cones (marking pitch)

Taller cones (to mark offside lines in U.10 games)

Corner flags

Water, First Aid Kit, Bibs

### **Pitch Sizes**

For 7 a side 70 yards long by 50 yards wide (64 metres by 45 metres) if clubs can mark out dedicated 7 a side pitches. Otherwise half of a full size playing pitch across. However if there are permanently fixed goals on the pitch clubs must bring in the sideline (by using flat cones) parallel to the 6 yard box.

For 9 a side the pitch will be from penalty box to penalty box. In the 9 a side game taller cones must be used on each side of the pitch to divide the pitch into three even sections to accommodate the offside rule which will be introduced in U.10 games. Every pitch must have a centre spot marked and a penalty spot (10 yards out) marked.

### **Code of Conduct and Adult Attitudes**

- players and team managers must not question the referees decision
- when a free kick is awarded, the defending team must observe the compulsory 6 yard rule immediately
- players must not attempt to steal ground when taking kick ins, throw ins or free kicks
- no coaching from the touchline during the actual play
- team mates and adults in charge should give positive encouragement to players who make mistakes
- players, managers and match officials should shake hands before and after each game
- everyone, children and adults, should do their best to produce an exciting and enjoyable game
- all adults in attendance must show by example that they are more concerned with the well being of the child and the good of the game, than with satisfying their need for reflected glory
- players should be encouraged to display creative skill and discouraged from trying to win through primitive or violent means

### **Rules U.7, U.8 and U.9.**

- all set pieces (corner, sideline, free kick) are indirect except for a penalty
- for free kicks the opposition must be 6 yards from the ball
- goal kicks can be taken from the goalkeepers hands, or can be thrown out, in both cases from around the penalty spot
- throw ins or kick ins can be used from the sideline
- corners can be taken 10 yards in from the corner flag
- no offside rule
- size 3 ball (if available) for U.7, size 4 ball for U.8 and U.9.

- panel of 10 players only – under no circumstances can you have more than 10 players on your panel for any game

### **Rules U.10**

- indirect and direct free kicks are allowed
- for free kicks the opposition must be 10 yards from the ball
- goal kicks must be taken off the ground
- throw ins only from the sideline
- corners must be taken from the corner flag
- offside rule to be used inside the one third line
- size 4 ball must be used
- panel of 13 players for U.10 only – under no circumstances can you have more than 13 players on your panel for any game

### **Induction Meeting for Parents (Compulsory)**

All clubs must hold an Induction meeting for parents of their players. In many cases the parents do not understand the ethos behind non competitive leagues and can be the cause of bringing a “competitive edge” to proceedings. It is the responsibility of the team manager to control parents and supporters should they step out of line. The induction meeting should incorporate the following:

Non competitive element of the games

The spirit of the game

Discipline

Code of Conduct

Respect for referee

Results

Coaching, especially positive coaching

Theory of 7 and 9 a side

Racism

Child Protection

Sportsmanship (e.g. handshake before and after games)

Substitutions

Safety (e.g. goalposts)

Fixtures and when they must be played, walkovers and sanctions

Playing times and breaks

**If there are any cases of parents or supporters stepping out of line during these non competitive leagues the team manager will be held totally responsible in the event of any problems arising.**

**Should any team manager step out of line during the non competitive leagues, the officers of the club, in addition to the manager, will be held totally responsible in the event of any problems arising.**