



# TEAM THOMAS FITNESS CENTRE

## SPONSORSHIP CARD



**Help fundraise for  
GLANMIRE/MEADOWBROOK FLOOD FUND  
24 hour Spinathon**

**Date & Time:** Friday 6th July @ 6pm until Saturday 7th @6pm  
**Venue:** Team Thomas Fitness Centre, Watergrasshill, Cork

See the Team Thomas Facebook page for more info or contact Jennifer on 087 9393536 or Lorraine on 086 8046314. Pledge and spin for 2 - 24 hours, sponsor a bike or just lend a hand. Support would be greatly appreciated.

Please share if you care

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