



MARCH 2013



GREAT TURNOUT AT OUR FIRST ANNUAL ST. PATRICKSDAY PARADE

Great turnout at the Fermoy's St. Patrick's Day Parade. The Watergrasshill United boys and girls wore their hill colours proudly! We could hear their singing back in the Hill.

From all of us at the club we would thank all families, coaches & club members for their support in our first St Patrick's Day parade earlier this month!

Special thanks to Paul and Derry for organizing a fantastic day for the kids!

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MARCH 2013

U14'S BLACKPOOL CUP

2013



Pictured below is the entire Under 14 squad with mentors, excluding Derry who took the picture and "doesn't do photos"....!!

A fab weekend was had by all ..4 games played against teams from England (Fleetwood Blues FC) / Belgium (FC Tilleur Saint-Gilles) / Scotland (Cleveland FC) & Ireland (Kildare Town)

Game of the weekend had to be teh Under 14's v Watergrasshill United Mentors yesterday, Sunday. These games had it all..celebrations, bicycle kicks unbelievable goals, but who won..??

And yet we still found time for Preston North End v Portsmouth game..Blackpool Peasure beach (Saturday & Sunday), Karaoke Kings showing Blackpool how it should be done "singing them tunes" ..pool tournaments that lasted hours ..

Watergrasshill United has been commented for our excellent sportsmanship and behavior on and off the field over the entire weekend... These lads have done us proud ...Well done lads, it has been a pleasure. ...Derry, PIPS, Chris, John, Gavin C, Paul & Gavin D.

Special thanks to Derry for arranging everything.....





MARCH 2013

WATERGRASSHILL UNITED RECEIVES EMC STEWARDSHIP AWARD

We are delighted to announce that Watergrasshill United has received a stewardship award from EMC as part of EMC's Community Service Awards Program. EMC Corporation has a tradition of giving back to the community and even in the current economic environment EMC Corporate Community Involvement is continuing to support a number of key community partnerships nominated by EMC employees. Established in 2009, the Community Service Awards recognizes the time, energy, and monetary resources employees give back to their respective communities by providing financial awards to nonprofit organizations in which employees have a direct connection.

Emc in Ovens (near Ballincollig) has many ties with Watergrasshill United, some with former employees and some with our coaching staff and parents. EMC has over 2500 people working in Ovens as part of EMC's 60000 worldwide workforce. Even some of our academy players joined the EMC Coder Dojo programming workshops.

Dave Doyle (U11 manager) was instrumental in securing this award, working behind the scenes for the last 12 months, submitting the paperwork and following up with the Community Involvement panel.

EMC awarded the stewardship award because of our work within the community and mostly of all for our "Sport for All – School Development Program" that we launched in 2012. In conjunction with the FAI, Cork City FC and Cork FAS/FAI Soccer Academy Watergrasshill United launched this pilot scheme, unique to Munster, initially within Watergrasshill National School.

We ran this pilot scheme weekly within the school and coaching sessions were assisted by the FAI, Cork City FC & Cork FAS/FAI Soccer Academy as well as personnel from Watergrasshill United who ensured some familiarity & commitment with the children involved, many of whom are members of the club.

The scheme was designed to deliver semesters of fun, skills and games for boys & girls of all levels of ability, in a non competitive environment and to encourage everyone to stay active & healthy. By focusing on participants needs & performances will encourage all to achieve & demonstrate enjoyment, equality and fair play in sport.

Watergrasshill United is running the "Sport for All – School Development Program" again this year in the local Watergrasshill National School. Prior to Christmas our coaching initiative was targeted towards 3 & 4th classes and from this week onwards, it is targeted towards 5th & 6th classes. Our "Sport for All" sessions are running each Friday from 1–3pm at the Watergrasshill National School with between 2–4 of our coaches in attendance

Watergrasshill United will invest the monies associated with the EMC stewardship award towards our Skehanagh Park improvement program and our current community projects.

On behalf of the club, we would like to thank EMC for their recognition and Dave Doyle for his perseverance in securing this award.



GIRLS ACADEMY

MARCH 2013

Pictured below are our girls academy members who attended the Cork Women's FC Easter Camp last week, in the Cope Foundation Campus in Montenotte.

They were coached for the week by Nathalie O'Brien (Cork Women's FC & Munster) & Denise O'Sullivan (Cork Women's FC, Munster & Republic Of Ireland No 10 Striker)

Front Row (L-R) Maggie Darragh, Grace Sharkey, Saoirse Brady, Jayne Fitzgerald, Kate Sharkey, Emily Leahy, Emma O'Shea, Mollie Scannell

Back Row (L-R) Nathalie O'Brien (Cork Women's FC & Munster), Abbie Leahy, Sarah Doran Good, Gemma Doody, Lucy O'Neill, Leanne Loftus, Denise O'Sullivan (Cork Women's FC, Munster & Republic Of Ireland No 10 Striker)

Watergrasshill United had the largest number of participants in this Camp in Cork!!





CORK SCHOOLBOYS LEAGUE – SMALL SIDED GAMES (SSG)

The CSL Small Sided Games (SSG) League will commence from next weekend April 6th & 7th and will continue to the end of May. Teams will play each other on a home and away basis. Can all under 10/9/8/7's parents/guardians please ensure that the relevant coaches have their correct contact details to ensure no misunderstandings regarding fixtures etc.

For insurance purposes please ensure that all outstanding membership fees for 2012/2013 are fully paid. Club registrations can be downloaded from our website and are available at training. The following draw was published earlier this week.

7G2 – WATERGRASSHILL UNITED U7 PANTHERS – BILLY LOFTUS (086-6034376)

1. Blarney Brisbanes
2. Watergrasshill Panthers
3. Leeds
4. Macroom
5. Avondale United
6. Douglas Hall

7G5 – WATERGRASSHILL UNITED U7 TIGERS – DERRY DESMOND (087-6964588)

1. Springfield Ramblers Rovers
2. Watergrasshill Tigers
3. Leeds United
4. Corkbeg
5. Temple United

8G4 – WATERGRASSHILL UNITED U8 – PAT HEALY (086-4183427)

1. Watergrasshill United
2. Buttevant
3. Avondale Lions
4. Blarney Benficas
5. Fermoy

9G3 – WATERGRASSHILL UNITED U9 – FRANK CRONIN (087-7740313)

1. Blarney Boca Juniors
2. Greenwood
3. Midleton
4. Watergrasshill United
5. Corinthian Boys A
6. Carrigaline Rovers

10G2 – WGH UTD U10 – PAT O'KEEFFE (086-8073112) MARCUS O'REILLY (086-3556925)

1. St. Mary's
2. Castleview
3. Rockmount
4. Watergrasshill United
5. Mallow United
6. Leaside



MARCH 2013

The following matches have been provisionally scheduled for the U8 & U10 CSL SSG for Sat & Sun 6, 7 April. Times are subject to change and will be confirmed by relevant managers by text. Please check our website for updates.

SAT APR 6

7G2 Blarney Brianes v Watergrasshill Panthers, 6.00pm

9G3 Greenwood v Watergrasshill United, 6.00pm

SUN APR 7

8G4 Buttevant v Watergrasshill United, 5.00pm

10G2 Watergrasshill United v Mallow United, 6.00pm



UNDER 9 SSG LEAGUE UPDATE

The Under 9 team has been drawn with Midleton, Carrigaline, Blarney, Greenwood & College Corinthians in group 9G3. Matches will be played on a home and away basis (Mainly Saturday Evenings). There may be some midweek games involved. Current schedule up to May 1st

SAT APR 6 - Greenwood v Watergrasshill United, 6.00pm

SAT APR 13 - Midleton v Watergrasshill United, 6.30pm

SAT APR 20 - Watergrasshill United v Corinthian Boys A, 6.00pm

SAT APR 27 - Watergrasshill United v Carrigaline Rovers, 6.30pm

WED MAY 1 - Blarney Boca Juniors v Watergrasshill United, 6.00pm

U9 Rules: The small sided games are non competitive games and results are not kept by Cork Schoolboys League. Each game will consist of 3x15 Minute periods with a 5 minute break between each period. Each match is to be 7 a side. The ideal squad number is 10 where 7 players start, after the first period 3 players come off and 3 go on. The following period, the 3 players who came off go back on and the 3 players who have played the first 2 periods come off. In effect each player plays at least 2 periods. If the situation arises, additional playing time will be based on training attendance.

Our squad is currently strong with 13 players in total. It is our intention to play every game with this squad which will result in less playing time for players unless we can arrange with the team we are playing with to play more than 7 a side. It will be our intention to seek this from other teams but cannot guarantee they will agree. We will send out a text at the start of the week of where and when that game will take place. We would appreciate if you could let us know if your son is able to make the game that week by Thursday.

The children have been training since September and are a credit to your selves. Their attitude and love of the game is second to none. However, it's now their time to put into practice what they have learnt in training. It is also their time to make decisions and mistakes for themselves on the pitch. For that reason we would like all parents **not to coach** the children during the game but to offer encouragement and support only, to all children. Rob or myself will coach the kids as needed. After talking to the players, it is our intention to rotate players between all positions again this year as you can imagine everyone wants to play midfield / forward and we believe it is right to give them every opportunity to do this. We will set up a system to ensure that all players get equal time in these positions. Training will still take place during this period with time and date yet to be decided.



MARCH 2013

UNDER 10 SSG LEAGUE UPDATE



U10's get ready for the CSL Small Sided Games in April. Practising their attacking set plays and corner kicks today at the Skehanagh Park training grounds.

This years Under 10 Small Sided Leagues are to commence next weekend and will continue for roughly 10 weeks, the matches will be played on a home and away basis and will primarily played on Sunday evenings but this is subject to change if it suits both teams.

The U10's are placed in the highest league and it shows in the teams which we have been placed with; Mallow, St. Mary's, Rockmount, Castlevue, Leaside.....all hard games without exception.

We will give the parents a print out of the rules prior to our first match, the main one being that we can only field a maximum of 13 players.

At this point myself Marcus, and Paul need to stress the importance of the parents co-operation, namely in replying in a timely manner to the text notice of a match. Parents must respect the planning that goes into the preparation for these matches, namely the training, friendly matches, and trying to be as fair as possible in giving equal game time relevant to training attendance.

So in this years Small Sided League we would urge parents to co-operate with us as we do not wish to leave any child out, but turning up for a match without letting us know in advance is not a situation we want to be placed in as hard choices might have to be made.

Yours in Sport
Under 10 management team

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Cork Schoolboys League Small Sided Games Rules for Season 2013

Age Groups

U.7, U8 & U9 will be 7 a side non competitive leagues.

U.10 will be 9 a side non competitive leagues.

Panel Sizes

7 a side – 10 players (max)

9 a side – 13 players (max)

Managers must not have more than the above numbers per panel for any one game.

Playing Season

Games will commence on the weekend of Apr 6/7 and will continue until May 29/30.
(This will mean some midweek night games).

Length of Games and Substitutions - U.7, U.8 and U.9

3 x 15 minute periods

After 15 minutes - 5 minute break for substitutions (all 3 subs go on).

After 30 minutes – 5 minutes break for substitutions (all 3 subs go on and the 3 players who were not taken off after 15 minutes must come off).

(Each outfield player will then have played 30 of the 45 minutes).

Length of Games and Substitutions – U.10

3 x 15 minute periods

After 15 minutes - 5 minute break for substitutions (all 4 subs go on).

After 30 minutes – 5 minutes break for substitutions (all 4 subs go on and the 4 players who were not taken off after 15 minutes must come off).

(Each outfield player will then have played 30 of the 45 minutes).

Referees

The home team will supply the referees for all games. Referees must be at least 16 years of age. We would ask all clubs to have a serious look at people in their clubs who may be interested in taking up refereeing. This would be an excellent place to start and interested parties could then move onto introductory refereeing courses.

There is always a shortage of referees and new ones are always welcome, so these small sided games might be the ideal means of attracting prospective new referees to the game. **It is very important that the referee you appoint is honest and fair to both teams. Clubs must put serious thought into the people they appoint as referees. Referees are not to coach the players while refereeing.**

Results

Results of games will not be required to be sent to the Cork Schoolboys League.

Equipment Needed by Each Club

Goals 6 Feet high, 16 feet wide, must have nets on goals. Goals must be fastened to the ground.

Balls – size 3 for U.7, size 4 for U.8, U.9 and U.10

Referee with whistle!

Flat cones (marking pitch), Corner flags, Water, First Aid Kit, Bibs

Taller cones (to mark offside lines in U.10 games)

Pitch Sizes

For 7 a side 70 yards long by 50 yards wide (64 metres by 45 metres) if clubs can mark out dedicated 7 a side pitches. Otherwise half of a full size playing pitch across. However if there are permanently fixed goals on the pitch clubs must bring in the sideline (by using flat cones) parallel to the 6 yard box.

For 9 a side the pitch will be from penalty box to penalty box. In the 9 a side game taller cones must be used on each side of the pitch to divide the pitch into three even sections to accommodate the offside rule which will be introduced in U.10 games. Every pitch must have a centre spot marked and a penalty spot (10 yards out) marked.

Code of Conduct and Adult Attitudes

- players and team managers must not question the referees decision
- when a free kick is awarded, the defending team must observe the compulsory 6 yard rule immediately
- players must not attempt to steal ground when taking kick ins, throw ins or free kicks
- no coaching from the touchline during the actual play
- team mates and adults in charge should give positive encouragement to players who make mistakes
- players, managers and match officials should shake hands before and after each game
- everyone, children and adults, should do their best to produce an exciting and enjoyable game
- all adults in attendance must show by example that they are more concerned with the well being of the child and the good of the game, than with satisfying their need for reflected glory
- players should be encouraged to display creative skill and discouraged from trying to win through primitive or violent means

Rules U.7, U.8 and U.9.

- all set pieces (corner, sideline, free kick) are indirect except for a penalty
- for free kicks the opposition must be 6 yards from the ball
- goal kicks can be taken from the goalkeepers hands, or can be thrown out, in both cases from around the penalty spot
- throw ins or kick ins can be used from the sideline
- corners can be taken 10 yards in from the corner flag
- no offside rule
- size 3 ball (if available) for U.7, size 4 ball for U.8 and U.9.
- panel of 10 players only – under no circumstances can you have more than 10 players on your panel for any game

Rules U.10

- indirect and direct free kicks are allowed
- for free kicks the opposition must be 10 yards from the ball
- goal kicks must be taken off the ground, throw ins only from the sideline
- corners must be taken from the corner flag
- offside rule to be used inside the one third line
- size 4 ball must be used
- panel of 13 players for U.10 only – under no circumstances can you have more than 13 players on your panel for any game

If there are any cases of parents or supporters stepping out of line during these non competitive leagues the team manager will be held totally responsible in the event of any problems arising.

Should any team manager step out of line during the non competitive leagues, the officers of the club, in addition to the manager, will be held totally responsible in the event of any problems arising.